

## RACHEL MARGOLIS

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### EMPLOYMENT

University of Western Ontario

Associate Professor, Department of Sociology	Starting July 2017
Assistant Professor, Department of Sociology	2011- 2017
Core Faculty, Centre for Population, Aging, and Health	
Affiliate Faculty, Department of Women's Studies and Feminist Research	
Affiliate Faculty, Migration and Ethnic Relations Program	

### EDUCATION

- 2011 Ph.D. Demography & Sociology, University of Pennsylvania  
Dissertation: Essays on Health, the Process of Aging, and Family Context.  
Committee: Irma T. Elo, Samuel H. Preston, and Jason Schnittker
- 2007 M.A. Demography, University of Pennsylvania
- 2005 M.Sc. Population & Development, London School of Economics
- 2004 B.A. Government, Cornell University

### RESEARCH (GS indicates graduate student co-author)

- Forth. Margolis, Rachel and Ashton M. Verdery. Aging alone? Older Adults without Close Kin in the United States. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*
- Forth. Margolis, Rachel and Laura Wright. GS Healthy Grandparenthood: How long is it and how is it changing? *Demography*
- Forth. Daw, Jonathan, Rachel Margolis, and Laura Wright. GS Emerging Adulthood, Emergent Health Lifestyles: Sociodemographic Determinants of Trajectories of Smoking, Binge Drinking, Obesity and Sedentary Behavior. *Journal of Health and Social Behavior*  
Available online: <http://journals.sagepub.com/doi/pdf/10.1177/0022146517702421>
- Forth. Hernandez, Elaine, Rachel Margolis, and Robert Hummer. Educational Attainment, Gender, and Health Behavior Changes after a Gateway Diagnosis, *Journal of Aging and Health*. Available online: <http://dx.doi.org/10.1177/0898264316678756>
- Forth. Margolis, Rachel and Laura Wright.<sup>GS</sup> Older Adults with Three Generations of Kin: Prevalence, Correlates and Transfers. *The Journals of Gerontology Series B:*

*Psychological Sciences and Social Sciences.*

Available online: <http://dx.doi.org/10.1093/geronb/gbv158>

- 2016 Margolis, Rachel, and Mikko Myrskylä. Children's Sex and the Happiness of Parents. *European Journal of Population* 32(3): 403-420.  
Available online: <http://dx.doi.org/10.1007/s10680-016-9387-z>
- 2016 Daw, Jonathan, Ashton M. Verdery, and Rachel Margolis. Kin Count(s): Educational and Racial Differences in Extended Kin Counts in the United States. *Population and Development Review*. 42(3):491-517.  
Available online: <http://onlinelibrary.wiley.com/doi/10.1111/j.1728-4457.2016.00150.x/epdf>
- 2016 Margolis, Rachel. The Changing Demography of Grandparenthood. *Journal of Marriage and Family*. 78(3): 610-622. Available online: <http://dx.doi.org/10.1111/jomf.12286>
- 2016 Margolis, Rachel and Laura Wright. GS Better Off Alone Than With a Smoker: The Influence of Partner's Smoking Behavior in Later Life. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences* 71(4):687-697.  
Available online: <http://dx.doi.org/10.1093/geronb/gbu220>
- 2015 Margolis, Rachel and Natalie Iciaszczyk. GS The Changing Health of Canadian Grandparents. *Canadian Studies in Population* 42(3-4): 63-76.  
Open access: <https://ejournals.library.ualberta.ca/index.php/csp/article/view/24598/18944>
- 2015 Daw, Jonathan, Rachel Margolis, and Ashton M. Verdery. Siblings, Friends, Course-mates, Club-mates: How Adolescent Health Behavior Homophily Varies by Race, Class, Gender, and Health Status. *Social Science & Medicine* 125:32-39.  
<http://dx.doi.org/10.1016/j.socscimed.2014.02.047>
- 2015 Margolis, Rachel and Mikko Myrskylä. Parental Well-being Surrounding First Birth as a Determinant of Further Parity Progression. *Demography* 52(4):1147-1166.  
Open access: <http://link.springer.com/article/10.1007/s13524-015-0413-2/fulltext.html>
- 2014 Myrskylä, Mikko, and Rachel Margolis. Happiness: Before and After the Kids. *Demography*. 51(5):1843-1866.  
<http://dx.doi.org/10.1007/s13524-014-0321-x>
- 2014 Mandich, Scott GS and Rachel Margolis. Changes in Disability-Free Life Expectancy in Canada between 1994 and 2007. *Canadian Studies in Population* 41(1-2): 192-208.  
Open access: <https://ejournals.library.ualberta.ca/index.php/csp/article/view/20391/16467>
- 2013 Margolis, Rachel. Educational Differences in Healthy Behavior Changes and Adherence Among Middle-Aged Americans. *Journal of Health and Social Behavior* 54(3): 353-368.  
<http://dx.doi.org/10.1177/0022146513489312>  
\* Winner of the Etienne Van de Walle Prize

- 2013 Margolis, Rachel. Health Shocks in the Family: Gender Differences in Smoking Changes. *Journal of Aging and Health* 25(5): 882-903.  
<http://dx.doi.org/10.1177/0898264313494411>
- 2013 Margolis, Rachel, and Mikko Myrskylä. Family, Money, and Health: Regional Differences in the Determinants of Life Satisfaction over the Life Course. *Advances in Life Course Research* 18(2): 115-126.  
<http://dx.doi.org/10.1016/j.alcr.2013.01.001>
- 2011 Margolis, Rachel, and Mikko Myrskylä. A Global Perspective on Happiness and Fertility. *Population and Development Review* 37(1): 29-56.  
<http://dx.doi.org/10.1111/j.1728-4457.2011.00389.x>
- 2010 Margolis, Rachel. Childhood Morbidity and Health in Early Adulthood: Life course linkages in a high morbidity context. *Advances in Life Course Research* 15:132-146.  
<http://dx.doi.org/10.1016/j.alcr.2010.10.001>
- 2009 Elo, Irma T., Laryssa Mykyta, Rachel Margolis, and Jennifer F. Culhane. Perceptions of Neighborhood Disorder: The Role of Individual and Neighborhood Characteristics. *Social Science Quarterly* 90(5): 1298-1320.  
<http://dx.doi.org/10.1111/j.1540-6237.2009.00657.x>

## MANUSCRIPTS

Hartnett, Caroline Sten and Rachel Margolis. The Importance of a Previous Overdue Birth for Subsequent Unintended Births. *Under review*

Verdery, Ashton, and Rachel Margolis. Aging Alone: Projections of White and Black Older Adults without Living Kin in the United States, 2015-2060. *Under review*

Hou, Feng, Rachel Margolis, and Michael Haan. Estimating Parental Leave in Canada Using Administrative Data: A Technical Report. *Under internal review at Statistics Canada*

Myrskylä, Mikko, and Rachel Margolis. Parental Leave Policies Improve Parental Well-being: Evidence from a 2007 Policy Change in Germany. MPIDR 2013 Working Paper:  
<http://www.demogr.mpg.de/papers/working/wp-2013-010.pdf>

## GRANTS & AWARDS

### Grants Under Review

2017-2019 SSHRC Insight Development Grant, Principal Investigator

Project: Family Dynamics Surrounding Parental Leave in Canada: New Insights from Administrative Data, \$74,950

### Awarded (Current)

2017-2021 SSHRC Insight Grant, Principal Investigator

Project: Aging Alone? Older Adults without Close Kin, \$134,600

2017-2020, Joint Programming Initiative: More Years Better Lives, Principal Investigator in Canada \$240,463 from CIHR 50% and SSHRC 50%.

Project: Care, Retirement, and Wellbeing of Older People Across Welfare Regimes (Team PI: Bruno Arpino)

2016-17 Sandell Grant Program, Center for Retirement Research at Boston College, Consultant \$45,000 USD (PIs: Ashton Verdery, Jonathan Daw)

Project: Do Kin Availability, Geographic Proximity, and Gender Composition Contribute to Racial Differences in Retirees' Family Exchanges?

### Completed Grants & Awards

2017 PAA Poster Award: Aging Alone? Older Adults without Close Kin in the United States. With Ashton Verdery.

2016-2021 SSHRC Canada Research Chair via McGill University, \$500,000 (Declined)  
Title: Fertility and Family Dynamics in Aging Societies

2014-2015 Faculty Exchange Grant to visit McGill University, \$3,362 awarded by the Population Change and Lifecourse Strategic Knowledge Cluster 2014

Project: Partnership on Family Dynamics

2014-2015 Data Development Grant, Project Team member, \$14,000 awarded by the Population Change and Lifecourse Strategic Knowledge Cluster

Project: Partnership on Family Dynamics

2012-14 SSHRC Insight Development Grant, Principal Investigator, \$48,059

Project: Parental Happiness Before and After the Kids: Childbearing in the Context of Low and Late Fertility.

2012-15 Canadian Institutes of Health Research, Co-Investigator, with Andrea Willson and Kim Shuey, \$199,728

Project: Investigating Health Trajectories over the Life Course and across Generations.

2015-16 Internal Grant Support, \$7,000

2014-16 SSHRC Internal: Strategic Support, \$18,790

2012-13 SSHRC Internal Research Competition, \$3,125

2012 SSHRC Internal Conference Travel Grant, \$1,500

2011 Start up Grant, UWO Social Sciences, \$15,000

2011 Etienne Van de Walle Prize

2011 Robert Wood Johnson Foundation Health & Societies Scholars Fellowship (Declined)

2010-11 Dissertation Completion Fellowship, University of Pennsylvania

2006-2010 National Institutes of Health Training Grant

2009 GAPSA/Provost Interdisciplinary Innovation Award

2009 RAND Summer Institute Full Fellowship, Santa Monica, CA

2009 Pollak Summer Research Fellowship

2009, 2010 School of Arts and Sciences Student Travel Award

2007, 2008, 2011 GAPSA Research Student Travel Grant

2007-08 PARC/Boettner/NICHD Trio Pilot Award for “The Effects of Nutrition and Disease on Child Growth and Adult Health” with Samuel H. Preston

2007 Summer Fellow, Save the Children Bolivia, Global Development Initiative Fellowship and Center for High Impact Philanthropy

2007 Honorable Mention, National Science Foundation Graduate Fellowship

#### SELECT MEDIA COVERAGE

“Emerging Adulthood, Emergent Health Lifestyles: Sociodemographic Determinants of Trajectories of Smoking, Binge Drinking, Obesity and Sedentary Behavior.”  
(Daw, Margolis, Wright 2017)

Penn State Research Brief, April 2017

“The Changing Health of Canadian Grandparents”  
(Margolis and Iciaszczyk 2015)

The Grandparent Effect, August 2016

“Parental Well-being Surrounding First Birth as a Determinant of Further Parity Progression”  
(Margolis and Myrskylä 2015)

Contexts Magazine, Winter 2016

National Public Radio, August 21, 2015

- Huffington Post, August 18, 2015  
 CBC, The 180, August 16, 2015  
 Time Magazine, Aug 6, 2015  
 Pacific Standard Magazine, Aug 6, 2015  
 Express Tribute, Aug 8, 2015
- “Better Off Alone than with a Smoker” (Margolis and Wright 2015)  
 Huffington Post, March 10, 2015  
 Reuters Health, March 10, 2015  
 Business Insider, March 10, 2015
- “Happiness: Before and After the Kids” (Myrskylä and Margolis 2014)  
 New York Times, April 3, 2015  
 New York Times, October 30, 2014  
 Huffington Post, Nov 1, 2014  
 London Free Press (front page), October 30, 2014  
 CTV News, October 28, 2014  
 The Washington Post, Oct 30, 2014  
 USA Today, May 5, 2012  
 The Globe and Mail, May 8, 2012
- “Educational Differences in Healthy Behavior Changes and Adherence Among Middle-Aged Americans” (Margolis 2013)  
 Featured by Journal Podcast, August 2013  
 JAMA blog, August 30, 2013  
 Philly.com, August 29, 2013  
 Western News, August 30, 2013  
 Huffington Post, Sept 1, 2013
- “A Global Perspective on Happiness and Fertility” (Margolis and Myrskylä 2011)  
 New York Times, April 7, 2011  
 MarketWatch, March 30, 2011  
 Dow Jones News, March 30, 2011  
 Family Inequality, May 7, 2011  
 Population Europe, June 23, 2011

## INVITED RESEARCH PRESENTATIONS

Bocconi University (2017); University of Pennsylvania, Population Studies Center (2016); Cornell University, PAM/CPC (2015); McGill University, Sociology (2015); Université de Montréal (2014); University of Western Ontario, Epidemiology and Biostatistics (2013); University of Chicago, Demography Workshop (2013); University of Western Ontario, Statistics and Data Series (2013); McGill University, Social Statistics (2012); University of Pennsylvania, Population Studies Center (2012); Bowling Green State University, Center for Family and Demographic Research (2012); RAND Corporation (2011); Bocconi University, Department of Decision Sciences (2011); University of Massachusetts Boston, Sociology (2010)

## CONFERENCE PRESENTATIONS

Policy change and social change: Families' use of parental benefits in Canada 1998-2012  
With Feng Hou and Michael Haan. To be presented at Canadian Population Society, Toronto,  
2017.

Aging Alone? Older Adults without Close Kin in the United States. With Ashton Verdery. Poster  
presented at PAA, Chicago 2017.

The Importance of a Previous Overdue Birth for Subsequent Unintended Birth. With Caroline  
Sten Hartnett. PAA, Chicago 2017.

The Importance of Parental Happiness for Understanding Low Fertility. With Mikko Myrskylä.  
International Sociological Association, Vienna. 2016.

Changes in the Length of Healthy Grandparenthood Over Time in Canada. Canadian Population  
Society, Calgary. 2016.

Children's Sex and the Happiness of Parents. With Mikko Myrskylä. Poster presented at PAA,  
Washington DC. 2016.

The Changing Health of Canadian Grandparents. With Natalie Iciaszczyk. Canadian Population  
Society, Ottawa. 2015.

Educational and Racial Differences in Extended Kin Counts in the United States. With Jonathan  
Daw and Ashton Verdery. ASA, Chicago. 2015.

A Demographic Analysis of the Grandparent Phase of Life. European Population Conference,  
Budapest. 2014.

A Demographic Analysis of the Grandparent Phase of Life. Canadian Population Society, Brock  
University, Ontario. 2014.

The Length and Characteristics of the Grandparent Phase of Life: Variation by Race/Ethnicity.  
PAA, Boston, MA. 2014.

Health Behavior Trajectories over the Transition to Adulthood: Similarity across Behaviors and  
Social Ties. With Jonathan Daw. PAA, Boston, MA. 2014.

How was the First One? Parental Well-being Surrounding First Birth and Further Parity  
Progression. Canadian Population Society, Victoria. 2013.

Changes in Disability-Free Life Expectancy for Canada between 1994 and 2007. With Scott  
Mandich. Canadian Population Society, Victoria. 2013.

How was the First One? Parental Well-being Surrounding First Birth and Further Parity  
Progression. ASA, New York. 2013.

Parental Leave Policies Improve Parental Well-being: Evidence from a Natural Experiment. With Mikko Myrskylä. PAA, New Orleans. 2013.

How was the First One? Parental Well-being Surrounding First Birth and Further Parity Progression. With Mikko Myrskylä. PAA, New Orleans. 2013.

New Health Events and Educational Differences in Health Behaviors by Race. With Elaine Hernandez and Robert Hummer. PAA, New Orleans. 2013.

Happiness: Before and After the Kids. With Mikko Myrskylä. American Sociological Association Annual Meeting, Denver. 2012.

Partners' Happiness Trajectories Surrounding the Birth of a Child: Does Divergence Predict Fertility Intentions, Fertility Behavior, and Risk of Divorce? With Mikko Myrskylä. Poster presented at the European Population Conference, Stockholm. 2012.

Happiness: Before and After the Kids. With Mikko Myrskylä. Annual Meeting of the Population Association of America, San Francisco. 2012.

Early Life Conditions and Later Life Health: Childhood morbidity and later life health. Invited poster presented at The Long Run Impact of Early Life Events III Conference, Ann Arbor. 2011.

Partner Characteristics and the Initiation and Maintenance of Healthy Lifestyle Changes. Annual Meeting of the Population Association of America, Washington D.C. 2011.

Education Differences in the Maintenance of Smoking Cessation and Physical Activity. Annual Meeting of the Population Association of America, Washington D.C. 2011.

Social Support and Healthy Lifestyle Changes: Patterns by Gender and Race. Annual Meeting of the Eastern Sociological Society, Philadelphia. 2011.

Happiness and Marital Status: Globally and Across Contexts. With Mikko Myrskylä. Annual meeting of the American Sociological Association, Atlanta. 2010.

Health Behavior Change among Middle Aged and Older Americans: SES Differences in Changes and Adherence. Annual meeting of the Population Association of America, Dallas. 2010.

Happiness and Fertility Globally and Across Countries: Does the Context Matter? With Mikko Myrskylä. Annual meeting of the Population Association of America, Dallas. 2010.

Social Class Differences in the Timing of First Sex, First Birth, and Marriage. Annual meeting of the American Sociological Association, San Francisco. 2009.

Multiple Partner Fertility and Relationship Stability. With Layrssa Mykyta. Annual meeting of the American Sociological Association, Boston. 2008.



Early Childhood Disease Patterns and Metabolic Function in Early Adulthood. Population Association of America, New Orleans. 2008.

Neighborhood Characteristics: Objective versus Subjective Measurement. With Layrssa Mykyta and Irma T. Elo. Population Association of America, New York. 2007.

## TEACHING AND ADVISING

### Courses

Sociology 4441/9331: Deaths, Fertility and Migration: Demographic Analysis of Social Change

Sociology 9007: Advanced Multivariate Statistics

Sociology 2180: Development & Health Inequalities

### Ph.D Students Supervised

Xiangnan Chai (In progress)

Laura Wright (2015): Placement: 2015 SSHRC Postdoc, University of Alberta;

2016 Assistant Professor, Sociology, University of Saskatchewan

### MA Students Supervised/Co-supervised

Annie Gong (2013), Co-supervisor. Placement: PhD program, Sociology McGill University

Scott Mandich (2015), Co-supervisor. Placement: London Police.

Sasha Koba (2014-2015), Supervisor. Placement: Employment and Social Development Canada

Bryce Stoliker (2016), Supervisor. Placement: PhD program, Simon Fraser University

Natalie Iciaszczyk (2016), Supervisor. University of Western Ontario, Law School.

### MA Supervisory Committee Member

Cavita Meetun (2016-17)

### Thesis Examiner

Jason Settels, MA Sociology (2013)

Samantha Larose, MSc Epidemiology & Biostatistics (2014)

Haosen Sun, MA Sociology, (2014)

Ayden Scheim, PhD Proposal, Epidemiology & Biostatistics (2014)

Rachel Giblon, MSc Epidemiology & Biostatistics (2016)

Vanessa Hasse, PhD, Business (2016)

### Thesis Defense Chair

Lauren Korosec, MA Sociology (2012)

Lisa Zaporzan, MA Sociology (2012)

Jade Da Costa, MA Sociology (2016)

## SERVICE

### University of Western Ontario

- 2016-17 Co-coordinator sociology department colloquium  
Appointments committee  
Nominating committee  
Chair/Committee member, Statistics/Methods comprehensive exam committee  
Chair, Health inequalities comprehensive exam committee  
Aging and life course comprehensive exam committee
- 2015-16 Search committee  
Nominating committee  
Health inequalities comprehensive exam committee  
Statistics/Methods comprehensive exam committee
- 2014-15 Appointments committee  
Co-coordinator sociology department colloquium  
Visiting speakers committee, Women's Studies and Feminist Research  
CPAH Graduate Student Paper Award Committee  
Chair, Statistics/Methods comprehensive exam committee  
Health inequalities comprehensive exam committee
- 2013-14 Appointments committee  
Nominating committee
- 2012-13 Nominating committee  
Organizer of Center for Population, Aging, and Health brown bag series  
Statistics/Methods comprehensive exam committee  
Social demography comprehensive exam committee  
Chair, Sociology of the family comprehensive exam committee
- 2011-12 Search committee  
Organizer of Center for Population, Aging, and Health brown bag series  
Statistics/Methods comprehensive exam committee

### University of Pennsylvania

- 2009-10 Demography club co-chair
- 2008-09 Graduate student mentor
- 2007-08 Organizer of Spanish language group  
Demography club co-chair  
Graduate student mentor
- 2006-07 Organizer of Spanish language group

### Service to the Discipline

- 2017 IUSSP Program Committee and Session Organizer  
Discussant, Population Association of America  
Session Organizer: Canadian Population Society  
Session Chair: Canadian Population Society
- 2016 CIHR Operating Grant Committee Reviewer  
Session Chair, Canadian Population Society  
Discussant, Population Association of America  
Council Member, Canadian Population Society

- 2015 Session Organizer: Canadian Population Society  
 IUSSP Panel Member, Subjective Well-being & Demographic Events (2015-18)  
 Committee Member, Canadian Population Society International Committee  
 Council Member, Canadian Population Society  
 Nominating Committee, Canadian Population Society
- 2014 Session Organizer: Canadian Population Society  
 Session Chair, Canadian Population Society  
 Discussant, CPS Graduate Development Conference  
 Committee Member, Canadian Population Society International Committee  
 Council Member, Canadian Population Society
- 2013 Session Chair, Canadian Population Society  
 Session Chair, Population Association of America  
 Discussant, CPS Graduate Development Conference  
 SSHRC Insight Grant Reviewer  
 Committee Member, Canadian Population Society International Committee
- 2012 Discussant, Population Association of America

Member: Population Association of America; American Sociological Association, ASA  
 Sections, Population Change and Life Course Strategic Knowledge Cluster,  
 Canada; Canadian Population Society, International Union for the Scientific Study of  
 Population

Peer Review: *Advances in Life Course Research, American Sociological Review, American  
 Journal of Epidemiology, Canadian Studies in Population, Demographic Research,  
 Demography, European Journal of Population, European Sociological Review, Genus: Journal  
 of Population Sciences, International Journal of Epidemiology, Journal of Aging and  
 Health, Journal of Behavioral Medicine, Journal of Gerontology: Social Sciences, Journal of  
 Health and Social Behavior, Journal of Marriage and Family, Research in Human Development,  
 Population and Development Review, Population Research and Policy Review, Social Forces,  
 Social Science & Medicine, Society and Mental Health*